



## FAIRFAX COUNTY PARK AUTHORITY

12055 Government Center Parkway, Suite 927  
Fairfax, VA 22035-1118



*For Immediate Release*

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## Park Authority Makes Trail Maps Available Online

Whether you're planning a bike ride or a hike in the woods, you won't have to travel far to find great trails this summer. The Fairfax County Park Authority maintains a network of over 200 miles of trails throughout the county, providing access to natural areas and linking parks and neighborhoods. The Park Authority has made trailblazing fun and easy by making trail maps available online for convenient viewing and downloading.

Visit <http://www.fairfaxcounty.gov/parks/trailsframe.htm> to download maps of the nationally recognized Cross County Trail and other popular stream valley trails like South Run, Rocky Run, Cub Run and Sugarland Run. The maps will show you the nearest points to access a trail, the location of stream crossings, and provide trail descriptions and distances.

Trails improve our quality of life by providing quiet places for reflection and avenues for active recreation. They provide access to nature and relief from the sights and sounds of urban living. Trails also offer a healthy alternative for bicycle commuters who want to leave their vehicles at home and avoid busy roads.

There are lots of fun and interesting things to see and do along the trails this summer. So if you're planning on walking, jogging, biking or horseback riding, be sure to take a map to make the most of your experience.

For more information about trails, please contact our trails coordinator at 703-324-8726 or visit us online at <http://www.fairfaxcounty.gov/parks/trailsframe.htm>. Trail maps are also available at 12055 Government Center Parkway, Suite 927, Fairfax.

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